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## EMPLOYEE ASSISTANCE PROGRAM

Champions IGA have an Employee Assistance Program (EAP) available for any of our staff to access. The supplier of this service is called Access EAP and the basis of this initiative is to provide high quality short-term, professional counselling services for employees to use for assistance with any serious issues or concerns they may encounter.

Champions staff can call the confidential 1800 818 728 number at any time they feel it would be beneficial to discuss any issues (whether work related or personal) with a professional. It is important for staff to understand this is a confidential service and there is no cost to them for up to the first three counselling sessions.

Employees are allocated an ID number at time of registration with AccessEAP and this number is used for all records relating to them, rather than their name to ensure confidentiality. The only occasions when a counsellor would be required to disclose information to a third party without the client's consent are due to court subpoena, risk of harm to the employee and/or others or disclosure as otherwise required by law.

AccessEAP assists employees in finding solutions or strategies to return to optimal functioning. Their approach helps an employee address an array of life challenges, ideally before they become distractions that affect home life as well as work performance.

